

LOUIS FRÉGET

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REFERENCES

Prof. Miriam Wüst
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Prof. Hans Henrik Sievertsen
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Prof. Petra Persson
Stanford University
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Prof. Maya Adam (MD, PhD)
Stanford University
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EMPLOYMENT AND EDUCATION

Postdoctoral researcher - Université Paris-Dauphine PSL, Paris (France) *September 2025 - August 2026*

Postdoctoral researcher - CEPREMAP (Wellbeing Observatory), Paris (France) *September 2024 - September 2025*

PhD in Economics - U. Copenhagen & VIVE, Denmark *September 2021 - August 2024*
Advisors: Miriam Wüst (U. Copenhagen) and Hans Henrik Sievertsen (U. Bristol & VIVE, the Danish center for social research).
Defended on November 19th, 2024

Visiting Student Researcher - Stanford University, US *September 2023 - January 2024*
Invited by Petra Persson at the Department of Economics of Stanford University with the financial support of *William Demant Fonden*

BA and MRes in Economics - Sciences Po Paris, France *September 2016 - May 2021*
BA (Exchange) - Vancouver School of Economics, Canada (September 2018 - May 2019)
Summer School on the Economics of European integration - London School of Economics, UK (July 2017)

OECD, Paris *June 2020 - August 2020*
Consultant

Analysis Group, Paris *June 2019 - August 2019*
Intern Analyst

WORKING PAPERS

Fréget L., and Gregersen M. (2025) "Health and Economic Impacts of an Early Labor Induction Policy for High-BMI Mothers" [\[WP\]](#)
Status: Revise & Resubmit at *Health Economics* (December 2025)

Bhalotra S., Daysal N. M., Fréget L., Hirani J. C., Majumdar P., Trandafir M., Wüst M. (2025) "Maternal Mental Health and the Parenthood Penalty" [\[WP\]](#)
Status: Submitted (January 2026)

Fréget L., (2025) "Discontinuity in General Physician care during pregnancy" [\[WP\]](#)

Adam M., Fréget L., Bärnighausen T., O'Hara R., Rodriguez F., Linos E., Amsalem D., (2025) "Health "Microsteps" and short, video boosters improve behavioral expectations to adopt lifestyle changes among GLP-1RA users: a randomized controlled trial" [\[Registration\]](#).

Ciani E., Fréget L. and Manfredi T. (2021). "Learning about inequality and demand for redistribution: A meta-analysis of in-survey informational experiments", *OECD Papers on Well-being and Inequalities*, n° 02, Éditions OCDE, Paris [\[WP\]](#)

Brodeur A. et al., (2025) "Comparing Human-Only, AI-Assisted, and AI-Led Teams on Assessing Research Reproducibility in Quantitative Social Science" [\[WP\]](#).

Status: Revise & Resubmit at *Proceedings of the National Academy of Sciences*

Note: Minor contribution (data collection, limited writing)

OTHER CURRENT PROJECTS

With Roquebert Q., Perdrix E., Delaye J-B (2025) "Discontinuity in Obs-gyn care in France"

With Sénik C. and Reshef A. (2025) "AI Use, loneliness, and real-world interactions: an experimental study" [\[Registration\]](#)

With Sievertsen H.S, and Wüst M. (2025). "Income Inequality in Infancy and Early Health"

With Adam M., (2025) "Short, Animated Storytelling (SAS) Video to Reduce Smartphone Addiction in the US: Protocol for an Online, Randomized Controlled Trial" [\[Registration\]](#)

POLICY NOTES & OUTREACH

Fréget L., Perona M., "Du bruit aux symphonies : une revue de littérature sur l'effet du son sur le bien-être", Observatoire du bien-être du Cepremap, n°2025-03, 25/01/2025 [\[LINK\]](#)

Fréget L. "La double peine de la dépression postpartum", Observatoire du bien-être du Cepremap, n°2025-08, 26/03/2025 [\[LINK\]](#)

Fréget L. (2023), "Une science des politiques publiques", *Sciences et Pseudosciences* [346]

"*Le Blog d'Un Empiriciste*" - Blog about evidence-based policy, and economics in French- 75,000 cumulated views since 2021.

TEACHING AND SUPERVISION

Spring Semester 2026: Teaching *Quantitative Methods* at Sciences Po Paris - Reims Campus.

2025–2026: Supervision – UROP intern (research initiation). Regular weekly supervision throughout the academic year, plus one month of full-time, daily supervision during the summer.

Fall Semester 2025: Teaching Assistant in Econometrics (using Stata) at Paris-Dauphine PSL (Master 1 – Economics and Health Management).

Spring Semesters 2022 and 2023: Teaching Assistant for the advanced undergraduate/master's course *Economics of Education* at U. Copenhagen.

REFEREEING ACTIVITY

2023: Journal of Economic Behavior & Organization (JEBO)

CONFERENCE AND SEMINAR PRESENTATIONS

2025: Otto-von-Guericke Magdeburg (Invited to CEPA Talks), Doctorissimes - Paris School of Economics [Discussant], WAP 2025 Bordeaux, AFEPOP Marseille 2025, SEHO 2025, ESPE 2025.

2024: Paris School of Economics (Behavior Group Seminar) , Help Seminar Paris - IRDES, PSE and Paris Dauphine Joint Health Economics Seminar, Paris School of Economics (Behavior Group Seminar), Aarhus Labor and Public Policy seminar, RGS Doctoral Conference Essen, PhD Seminar - University of Copenhagen, WiSo Hamburg Health Economics seminar (Poster session).

2023: Gender Coffee - Stanford University, Labor and Public Workshop - Stanford University, Internal seminar - *L'Oréal*.

2022: Danish Graduate Program in Economics Workshop, PhD Seminar - University of Copenhagen, PhD course and workshop - "Topics on the Applied Econometrics of Policy Evaluation" - Prof: Jeffrey A. Smith (University of Michigan)", Internal Seminar - CEBI, University of Copenhagen.
2021: Danish Graduate Program in Economics Workshop.

General-audience conferences: Talks for *Effective Altruism France* (2022–2023), *Effective Altruism ENS Ulm* (2023), *Les Rencontres de l'Esprit Critique* in Toulouse with Emmanuelle Auriol and Olivier Simard-Casanova (2023), the *French Low-Tech Association* in Nantes (2023), *Lycée Henri IV* (2024), and data journalists from *Libération*, *Le Monde*, *Le Parisien*, *Pour l'Éco* (2024).