

LOUIS FRÉGET

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RESEARCH FIELDS

Health Economics, Health Policy, Digital Health

EMPLOYMENT AND EDUCATION

Postdoctoral researcher – Université Paris-Dauphine PSL, Paris (France) *September 2025 - September 2026*

Postdoctoral researcher – CEPREMAP (Wellbeing Observatory), Paris (France) *September 2024 - September 2025*

PhD in Economics – U. Copenhagen & VIVE, Denmark *September 2021 – August 2024*

Advisors: Miriam Wüst (U. Copenhagen) and Hans Henrik Sievertsen (U. Bristol & VIVE, the Danish Center for Social Research).

Defended on November 19, 2024.

Dissertation: Four Essays in Health Economics: Early Health Inequality, Early Investments, and Family Well-being.

Visiting Student Researcher – Stanford University, US *September 2023 - January 2024*

Invited by Petra Persson at the Department of Economics of Stanford University with the financial support of *William Demant Fonden*

BA and MRes in Economics – Sciences Po Paris, France *September 2016 - May 2021*

BA (Exchange) - Vancouver School of Economics, Canada (September 2018 - May 2019)

Summer School on the Economics of European integration - London School of Economics, UK (July 2017)

OECD, Paris *June 2020 - August 2020*

Consultant

Analysis Group, Paris *June 2019 - August 2019*

Intern Analyst

PUBLICATIONS

Fréget L., and Gregersen M. (2026) “Health and Economic Impacts of an Early Labor Induction Policy for High-BMI Mothers”, *Health Economics*. [\[DOI\]](#)

Adam M., Fréget L., Bärnighausen T., O’Hara R., Rodriguez F., Linos E., Amsalem D. (2026) “Digital Microsteps as Scalable Adjuncts for Adults Using GLP-1 Receptor Agonists: A Randomized Clinical Trial”, *JAMA Network Open*, 9(3):e260577. [\[DOI\]](#) [\[Registration\]](#).

Contribution: Co-first author

Brodeur A., et al. (2026) “AI-assisted teams outperform AI-led teams but not human-only teams in assessing research reproducibility in quantitative social science.”

Proceedings of the National Academy of Sciences, 123(22), e2524747123. [\[DOI\]](#)

Contribution: minor (data collection, limited writing)

WORKING PAPERS

Bhalotra S., Daysal N. M., Fréget L., Hirani J. C., Majumdar P., Trandafir M., Wüst M., Zohar. T. (2026) “Maternal Mental Health and the Parenthood Penalty” [\[WP\]](#)

Status: Revise & Resubmit at *Review of Economics and Statistics* (June 2026)

Fréget L., (2026) “Discontinuity in General Physician care during pregnancy” [\[WP\]](#)

Status: Under Review at *Health Economics* (March 2026)

Adam M., Rohr J. K., Fréget L., Gates J., Harrison V., Coles O., Seeff M., Sevey R. M., Amsalem D., and Bärnighausen T. (2026). “Short Animated Storytelling Videos Increase Perceived Risk and Self-Awareness of Problematic Smartphone Use in Young Adults: A Randomized Online Trial” [\[Registration\]](#)
Contribution: Third author (conceptualization, trial design, writing)

Ciani E., Fréget L. and Manfredi T. (2021). ”Learning about inequality and demand for redistribution: A meta-analysis of in-survey informational experiments”, *OECD Papers on Well-being and Inequalities*, n° 02, Éditions OCDE, Paris [\[WP\]](#)

OTHER CURRENT PROJECTS

With Roquebert Q., Perdrix E., Delaye J-B ”Discontinuity in Obs-gyn care in France”

With Sénik C. and Reshef A. “AI Use, loneliness, and real-world interactions: an experimental study” [\[Registration\]](#)

TEACHING, SUPERVISION, PEDAGOGY

Spring 2026: Instructor – *Quantitative Methods*, first-year undergraduate level, Sciences Po Paris. Designed teaching materials, session content, and assessment methods (48h). Student satisfaction: Group 1: [\[100%\]](#) and Group 2: [\[90%\]](#).

2025–2026: Research Supervisor – UROP intern, research initiation, Paris-Dauphine PSL. Provided regular supervision on data work, applied econometric reasoning, research design, and communication of empirical results. (approx. 500h)

2025: Teaching Assistant – *Econometrics on Health Data*, Master 1 in Economics and Health Management, Paris-Dauphine PSL. Led applied lab sessions on econometric applications using SHARE data. (9h)

2022–2023: Teaching Assistant – *Economics of Education*, advanced undergraduate/master’s level, U. Copenhagen. Designed teaching materials, tutorial content, and assessment methods; (52h)

POLICY NOTES & OUTREACH

Fréget L., Sénik C.(2025) “A survey of the wellbeing of the students of Paris School of Economics”, Confidential report for the Observatory of Wellbeing (CEPREMAP)

Fréget L., Perona M., “Du bruit aux symphonies : une revue de littérature sur l’effet du son sur le bien-être”, Observatoire du bien-être du Cepremap, n°2025-03, 25/01/2025. *Policy note for UNESCO Sound Week* [\[LINK\]](#)

Fréget L. ”La double peine de la dépression postpartum”, Observatoire du bien-être du Cepremap, n°2025-08, 26/03/2025 [\[LINK\]](#)

Fréget L. (2023), ”Une science des politiques publiques”, *Sciences et Pseudosciences* [346]

”*Le Blog d’Un Empiriciste*” - Blog about evidence-based policy, and economics in French- 75,000 cumulated views since 2021.

General-audience conferences: Talks for *Effective Altruism France* (2022–2023), *Effective Altruism ENS Ulm* (2023), *Les Rencontres de l’Esprit Critique* in Toulouse with Emmanuelle Auriol and Olivier Simard-Casanova (2023), the *French Low-Tech Association* in Nantes (2023), *Lycée Henri IV* (2024), and data journalists from *Libération*, *Le Monde*, *Le Parisien*, *Pour l’Éco* (2024).

REFEREEING ACTIVITY

Journal of Economic Behavior & Organization (JEBO), Empirical Economics, Epidemiology and Psychiatric Sciences, Journal of Behavioral and Experimental Economics

PRESENTATIONS

2026: CSV Workshop, Université Paris-Dauphine [Discussant]; Job market fly-outs: Université d'Orléans, Université Paris-Dauphine, Université Paris-Cité; LEDa Days, Université Paris-Dauphine; LEGOS seminar (Paris); Lille University, Department of Medicine **forthcoming**.

2025: Otto-von-Guericke Magdeburg (Invited to CEPA Talks), Doctorissimes - Paris School of Economics [Discussant], WAP 2025 Bordeaux, AFEPOP Marseille 2025, SEHO 2025, ESPE 2025.

2024: Paris School of Economics (Behavior Group Seminar), Help Seminar Paris - IRDES, PSE and Paris Dauphine Joint Health Economics Seminar, Paris School of Economics (Behavior Group Seminar), Aarhus Labor and Public Policy seminar, RGS Doctoral Conference Essen, PhD Seminar - University of Copenhagen, WiSo Hamburg Health Economics seminar (Poster session).

2023: Gender Coffee - Stanford University, Labor and Public Workshop - Stanford University, Internal seminar - *L'Oréal*.

2022: Danish Graduate Program in Economics Workshop, PhD Seminar - University of Copenhagen, PhD course and workshop - "Topics on the Applied Econometrics of Policy Evaluation" - Prof: Jeffrey A. Smith (University of Michigan)", Internal Seminar - CEBI, University of Copenhagen.

2021: Danish Graduate Program in Economics Workshop.

REFERENCES

Prof. Miriam Wüst
University of Copenhagen
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Prof. Hans Henrik Sievertsen
University of Bristol
hhs@vive.dk

Prof. Maya Adam (MD, PhD)
Stanford University
madam@stanford.edu