

LOUIS FRÉGET

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REFERENCES

Prof. Miriam Wüst
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Prof. Hans Henrik Sievertsen
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Prof. Petra Persson
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Prof. Maya Adam (MD, PhD)
Stanford University
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EMPLOYMENT AND EDUCATION

Postdoctoral researcher - Université Paris-Dauphine PSL, Paris (France) *September 2025 - August 2026*

Postdoctoral researcher - CEPREMAP (Wellbeing Observatory), Paris (France) *September 2024 - September 2025*

PhD in Economics - U. Copenhagen & VIVE, Denmark *September 2021 - August 2024*
Advisors: Miriam Wüst (U. Copenhagen) and Hans Henrik Sievertsen (U. Bristol & VIVE, the Danish center for social research).
Defended on November 19th, 2024

Visiting Student Researcher - Stanford University, US *September 2023 - January 2024*
Invited by Petra Persson at the Department of Economics of Stanford University with the financial support of *William Demant Fonden*

BA and MRes in Economics - Sciences Po Paris, France *September 2016 - May 2021*
BA (Exchange) - Vancouver School of Economics, Canada (September 2018 - May 2019)
Summer School on the Economics of European integration - London School of Economics, UK (July 2017)

OECD, Paris *June 2020 - August 2020*
Consultant

Analysis Group, Paris *June 2019 - August 2019*
Intern Analyst

WORKING PAPERS

Fréget L., and Gregersen M. (2025) "Routine Labor Induction - Consequences for high BMI mothers and their children" [\[WP\]](#)

Status: Revise & Resubmit at *Health Economics* (December 2025)

Fréget L., (2024) "Discontinuity in General Physician care during pregnancy" [\[WP\]](#)

Adam M., Fréget L., Bärnighausen T., O'Hara R., Rodriguez F., Linos E., Amsalem D., (2025) "Health "Microsteps" and short, video boosters improve behavioral expectations to adopt lifestyle changes among GLP-1RA users: a randomized controlled trial" [\[Registration\]](#).

Status: Revise & Resubmit at *JAMA Network Open*

Ciani E., Fréget L. and Manfredi T. (2021). "Learning about inequality and demand for redistribution: A meta-analysis of in-survey informational experiments", *OECD Papers on Well-being and Inequalities*, n° 02, Éditions OCDE, Paris [\[WP\]](#)

Brodeur A. et al., (2025) "Comparing Human-Only, AI-Assisted, and AI-Led Teams on Assessing Research Reproducibility in Quantitative Social Science" [\[WP\]](#).

Status: Revise & Resubmit at *Proceedings of the National Academy of Sciences*

Note: Minor contribution (data collection, limited writing).

OTHER CURRENT PROJECTS

Bhalotra S., Daysal N. M., Fréget L., Hirani J. C., Majumdar P., Trandafir M., Wüst M. (2025) “Maternal Mental Health and the Parenthood Penalty”.

Fréget L., Sénik L., Reshef A. (2025) “AI Use, loneliness, and real-world interactions: an experimental study”

Fréget L., Sievertsen H.S, and Wüst M. (2025). ”Income Inequality in Infancy and Early Health”

Adam M., Fréget L., (2025) “Short, Animated Storytelling (SAS) Video to Reduce Smartphone Addiction in the US: Protocol for an Online, Randomized Controlled Trial” [\[Registration\]](#).

POLICY NOTES & OUTREACH

Fréget L., Perona M., ”Du bruit aux symphonies : une revue de littérature sur l’effet du son sur le bien-être”, Observatoire du bien-être du Cepremap, n°2025-03, 25/01/2025 [\[LINK\]](#)

Fréget L. ”La double peine de la dépression postpartum”, Observatoire du bien-être du Cepremap, n°2025-08, 26/03/2025 [\[LINK\]](#)

Fréget L. (2023), ”Une science des politiques publiques”, *Sciences et Pseudosciences* [346]

”*Le Blog d’Un Empiriciste*” - Blog about evidence-based policy, and economics in French- 75,000 cumulated views since 2021.

TEACHING AND SUPERVISION

Spring Semester 2026: Teaching *Quantitative Methods* at Sciences Po Paris - Reims Campus.

2025–2026: Supervision – UROP intern (research initiation). Regular weekly supervision throughout the academic year, plus one month of full-time, daily supervision during the summer.

Fall Semester 2025: Teaching Assistant in Econometrics (using Stata) at Paris-Dauphine PSL (Master 1 – Economics and Health Management).

Spring Semesters 2022 and 2023: Teaching Assistant for the advanced undergraduate/master’s course *Economics of Education* at U. Copenhagen.

REFEREING ACTIVITY

2023: Journal of Economic Behavior & Organization (JEBO)

CONFERENCE AND SEMINAR PRESENTATIONS

2025: Otto-von-Guericke Magdeburg (Invited to CEPA Talks), Doctorissimes - Paris School of Economics [Discussant], WAP 2025 Bordeaux, AFEPOP Marseille 2025, SEHO 2025, ESPE 2025.

2024: Paris School of Economics (Behavior Group Seminar) , Help Seminar Paris - IRDES, PSE and Paris Dauphine Joint Health Economics Seminar, Paris School of Economics (Behavior Group Seminar), Aarhus Labor and Public Policy seminar, RGS Doctoral Conference Essen, PhD Seminar - University of Copenhagen, WiSo Hamburg Health Economics seminar (Poster session).

2023: Gender Coffee - Stanford University, Labor and Public Workshop - Stanford University, Internal seminar - *L’Oréal*.

2022: Danish Graduate Program in Economics Workshop, PhD Seminar - University of Copenhagen, PhD course and workshop - ”Topics on the Applied Econometrics of Policy Evaluation” - Prof: Jeffrey A. Smith (University of Michigan)”, Internal Seminar - CEBI, University of Copenhagen.

2021: Danish Graduate Program in Economics Workshop.

General-audience conferences: Talks for *Effective Altruism France* (2022–2023), *Effective Altruism ENS Ulm* (2023), *Les Rencontres de l'Esprit Critique* in Toulouse with Emmanuelle Auriol and Olivier Simard-Casanova (2023), the *French Low-Tech Association* in Nantes (2023), *Lycée Henri IV* (2024), and data journalists from *Libération*, *Le Monde*, *Le Parisien*, *Pour l'Éco* (2024).